Study shows soldiers live longer than the rest of us

If you want to stay healthy and alive, join the Army!

That's the word from Army researchers who conducted a study and found that peace time soldiers die at a rate of 109 per 100,000 while civilians die at a rate of 215 per 100,000.

Military psychiatrist Joseph Rothberg said one reason soldiers fare better is because "everybody's told how to live their life and stay healthy in the Army. In civilian life it's the individual's option."